

Angeltek Alternative Therapies is dedicated to encouraging individuals to take responsibility for their own wellness and assist in educating them how to do so. Wellness is not a state of being free from disease, but a state of mind.

Angeltek Alternative Therapies
(602) 908 2013
Angeltek1394@hotmail.com

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Healing from the spirit within



Types of massages offered

Pediatric/Geriatric.....\$50

Scalp/hands/feet.....\$60

Full body Swedish.....\$60

Zen-Shiatsu.....\$70

Raindrop technique.....\$80

Flower Essence Therapy

Flower essence consultation.\$35

Bach flower essence therapy is an energy medicine. The theory is that disease is caused by disharmony between the spirit and our physical being. This energy therapy works to bring the physiological and emotional aspects back into harmony.

General benefits of massage

- Decreases stress levels
- Improves circulation
- Improves skin condition
- Decreases muscle tension
- Reduces muscle soreness and pain
- Increases intestinal function
- Improves sleep

Some conditions that respond well to massage include:

- Alzheimer's
- ADHD
- AIDS/HIV
- Cancer
- Constipation
- Headaches
- Insomnia
- Poor circulation
- Stress and anxiety

Enjoy the comfort of a massage in your own home. Therapist will bring table and supplies.

Call or email at:

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Services are available by appointment only

Payment must be made by cash, check or money order at time services are rendered.